You can do it in Mplus using for example the Constraint = x; option in the Variable command, where x is the moderator.

Using your (10.3) you have

 $Y = \dots(b + h^*X)M\dots$ Using Constraint = x; and Model: ... y on m (p1); Model constraint: New(b h); p1 = b + h*x;

This will give you b and h estimates and SEs.

Bengt